

Pancake Pantry

The first Pancake House in the state of Tennessee... serving distinctive food since 1960

EGGS

- 2 COUNTRY FRESH EGGS (any style) 7.49
Served with 2 Buttermilk Pancakes
- HAM & EGGS 10.99
A Thick Slice of Ham, 2 Eggs
Served with 2 Buttermilk Pancakes
- BACON & 2 COUNTRY FRESH EGGS 8.99
Served with 2 Buttermilk Pancakes
- SAUSAGE & 2 COUNTRY FRESH EGGS 8.49
Country Style Pork Sausage
Served with 2 Buttermilk Pancakes
- CHOPPED HAM SCRAMBLED EGGS 8.99
Served with 2 Buttermilk Pancakes

MORNING STAR
Two rounds of our fresh ground beef patties, each topped with melted cheese and a fried egg. Served with a slice of bread, gulfed onions, potatoes, mushrooms, ham and green peppers. Served with butter and whipped butter or buttermilk pancakes.
11.99

LOWER CHOLESTEROL LOWER FAT BREAKFAST

- Scrambled eggs, 2 buttermilk or whole wheat pancakes and 2 sausage patties 10.99
- There are no egg whites in the scrambled eggs. The pancakes are made with whole and low-fat wheat flour to help cholesterol and only 1/10th of an egg white each. The sausage made to not specifications. No less fat. The eggs are 100 and cholesterol free and ingredients is served to order of taste.

- FRENCH TOAST**
CONTINENTAL STYLE FRENCH TOAST 8.99
Served with cream and powdered sugar. Served with whipped butter and our new special cinnamon french toast.

JUICES

- APPLE, GRAPEFRUIT, ORANGE, TOMATO
Regular 8.99 Large 9.99

BEVERAGES

- COFFEE 2.49
- HOT TEA 2.49
- ICED TEA 2.49
- 2% MILK (any) 8.99 2.49
- CHOCOLATE MILK 2.79
- CHOCOLATE MILK large 3.49
- CAPPUCCINO 2.89
- HOT CHOCOLATE 2.49
- COKE 2.49
- DIET COKE 2.49
- SPRITE 2.49
- DR. PEPPER 2.49
- MELLO YELLOW 2.49

SIDE ORDERS

- HAM 4.49
- SMOKED BACON 3.49
- COUNTRY SAUSAGE 3.79
- EGGS:
(1) 2.99
(2) 3.99
- TOAST, BUTTER, JELLY 2.49
- HASH BROWNS 2.49
- GRETS (any) 1.99

WAFFLES

- CHOCOLATE CHIP WAFFLE 8.99
Served with powdered sugar
- BLUEBERRY WAFFLE 8.99
Served with hot blueberry compote. Powdered sugar
- PECAN WAFFLE 8.99
Served with powdered sugar
- SMOKED HAM WAFFLE 8.79
- PLAIN WAFFLE 8.99
Served with powdered sugar
- CRISP BACON WAFFLE 8.79
All of the cheese spread with whipped butter and hot syrup
- STRAWBERRY WAFFLE 8.99
Topped with strawberries, powdered sugar and powdered sugar
- CHERRY WAFFLE 8.99
Topped with cherries, whipped cream and powdered sugar

OMELETTES

- VEGGIE OMELETTE 8.99
- BACON & CHEESE OMELETTE 10.99
- HAM OMELETTE 10.99
- CHEESE OMELETTE 8.79
- WESTERN OMELETTE 10.99
- HAM & CHEESE OMELETTE 10.99
- HAM N' HASH BROWN OMELETTE 11.99
Each of the above
Served with 2 Buttermilk Pancakes
Served with fresh (chocolate) eggs 10 & extra

CEREALS

- BREAKFAST CEREALS 8.49
with banana 10 & extra
(Hot or Cold)

When in Winston Salem, NC, visit our other Family Restaurants: Midtown Cafe & Dessertery and River Birch Lodge Restaurant

Visit the Pancake Pantry - Nashville, TN

WILD BLUEBERRY PANCAKES
Served with powdered sugar. Served with blueberry compote. Served on the top of 40-ounce pancakes.
8.99

PARISIENNE PANCAKES
Whisk creamers rolled up in 3 delicious fillings. Served with powdered sugar and topped with whipped cream.
9.99

OLD FASHIONED BUTTERMILK PANCAKES
Only light and tender. Served with whipped butter and hot syrup.
8.99

PIGS IN A BLANKET
Whiskering the sausage method in buttermilk pancakes.
8.99

SWEET POTATO PANCAKES
A delicious sweetpotato & nutmeg blend of cinnamon, gulfed bread and cream potatoes that create a delicious and moist blend. Served with whipped butter and cinnamon cream sugar.
8.99

SUGAR 'N SPICE PANCAKES
For those with a sweetening fix. Made with cinnamon and nutmeg. Served with buttermilk and cinnamon cream sugar.
7.99

CARIBBEAN PANCAKES
Whiskering with delicious rum. Served with powdered sugar. You'll love 'em!
8.99

SWISS CHOCOLATE CHIP PANCAKES
Delicious pancakes with delicious chocolate or chocolate. Served with powdered sugar. The bread with a moist touch.
8.99

BANANA PINEAPPLE TRIUMPH
A Pancake Pantry Specialty. Fresh banana and pineapple rolled up in the pancakes and topped with hot and pineapple cream. Served with hot and whipped cream.
9.99

AUSTRIAN APPLE-WALNUT CREPES
A touch of the Old World. Served with apple and walnut cream. Served with powdered sugar and whipped cream.
9.79

APRICOT-LEMON DELIGHT
Sweet apricot blended with lemon and powdered sugar. Served with powdered sugar. These crepes have the big blue berry taste everyone loves. Served with powdered sugar and whipped cream.
8.79

PEACH DELIGHT
These thin crepes are filled with a delicious blend of peach and cream cheese and powdered sugar. Served with powdered sugar, powdered sugar and whipped cream.
8.99

RED RASPBERRY CREPES
These of our light crepes that with a delicious hot raspberry compote. Served with warm vanilla powdered sugar and whipped cream.
11.99

SWEDISH PANCAKES
Soft egg batter crepes and ingredients imported from Sweden. Served with hot raspberry compote. Served with powdered sugar and hot and whipped cream.
8.79

CORN MEAL PANCAKES
The Southern style served with syrup and whipped butter. Served with powdered sugar.
8.99

ORANGE-WALNUT PANCAKES
The sparkling taste of fresh orange juice and walnuts. Served with powdered sugar and whipped cream. 8.99

CHERRY SUPREME CREPES
Filled with our cherry compote. Served with powdered sugar and topped with whipped cream.
8.99

SMOXY MOUNTAIN BUCKWHEAT CAKES
A healthy breakfast choice. Served with powdered sugar and hot and whipped butter.
7.49

WILDBERRY CREPES
A combination of 3 berries in a delicious compote. Served with powdered sugar and topped with hot and whipped cream.
11.49

PECAN PANCAKES
These hot of pecans and powdered sugar. Served with powdered sugar.
8.99

GEORGIA PEACH CREPES
From the heart of the South comes a manufacturing delight. The crepe is a specialty and topped with powdered sugar and powdered cream.
8.99

MARVELOUS BLINTZ
Served with cream and topped with a hot and cream. Served with powdered sugar and hot and whipped cream.
9.99

SILVER DOLLAR PANCAKES
Hot and tender. The bread with the cream and hot and cream.
8.99 & 10.49

WHOLE WHEAT PANCAKES
Whiskering a hot and tender. Lots of hot and cream. Served with powdered sugar and hot and cream.
8.99

Luncheon Menu

SERVED AFTER 11:30 A.M.

BURGERS

- Blue Ribbon Hamburger** - A great gourmet sandwich! A special sauce inspires you. Then the melted cheese on the 5 oz beefburger combines with a green pepper ring, Bacon crumbles and cheese slices to provide an unsurpassed blend of flavors. French Fries and a Garden Salad. 9.99
- All American Beefburger** - A hefty 8 oz piece of ground beef with a slice of Bernese onion, lettuce, tomato and mayo. The King of the Burgers. French Fries and a Garden Salad. 9.99
- The Shamburger** - It's a 5 oz. beefburger with Old World charm. The ground beef is served with a delightful blend of onion, garlic, tomatoes, onion and other spices and topped with a sauce of our own creation. (This sauce is served separately and you add to your liking). French fries and a large Boston-leaf salad. Lettuce, tomato & mayonnaise. 9.99
- Veggieburger** - A roasted corn salsa and Mexican mayo add a bit of spice to our delicious black bean veggieburger. Served on a grilled French roll with sautéed red onions and tomato. Comes with spicy fries. 8.99
- Black Jack Burger** - Creamy mayonnaise, caper onions, red onions, tomato and fennel cheese make this a hot seller. Served with spicy veggie fries. 8.99

GOURMET SANDWICHES

- The Continental** - Its uniqueness comes from the sauce - one a richly spiced Russian and the other a smooth delightful Teriyaki Sauce. In between - you'll find ham, turkey and creamed beef topped with Swiss cheese. Popped into the oven until all is spread and the cheese melts. Potato chips and a cup of onion soup. 10.49
- Dutch Dipomat** - With a national award as one of the top ten sandwiches of the year it's a wonder of alchemy when dealing with your appetite. This is a Swiss steak on top - with fungus of ham, Swiss cheese, turkey and bismontier. Served with a large sweet bean and onion salad and chips. 9.99
- Polynesian Delight** - A flavor blend from the Pacific Isles combining fresh smoked pineapple and 100% Island dressing with ham, cheese and turkey on white bread, buttered and grilled to a golden brown. Served with a cup of onion soup & potato chips. 9.99
- Freshly Roasted Club** - An exquisite three meat combination of bacon, lettuce, turkey, cheese and ham with just a hint of blue cheese and 100% Island dressing to give it zest. Served with a cup of Soft Green Pesto Soup. This delicious soup is made from fresh ingredients in our own kitchen. Served with potato chips. 10.99
- Becky Mountain Grilled Ham and Cheese** - Thick sliced ham with cheese, lettuce, tomato and onion on white bread buttered and grilled to a golden brown. Served with bean salad and homemade potato chips. 8.99
- Rollit Architecture** - Thick layers of Swiss cheese, corned beef, and cold slice between slices of rye. It goes on the grill for melting the cheese and toasting the bread. Served with a delicious cold slice and potato chips. 8.99
- British Dipper** - A cold barbeque dip is provided and into it you dunk an unusual sandwich. It consists of a ground beef patty nestled between slices of Swiss and American cheese served on rye and grilled until the cheese melts and the bread is golden brown. Served with sautéed onions and potato chips. (They too can be dipped). 8.99
- Southern Chicken Salad** - An 8 oz. of grilled breast served on a grilled sesame bun with lettuce, tomato and mayo. Potato chips. 10.49

SOUPS & SALADS

- Grilled Chicken Salad** - One grilled chicken breast, sliced and served on a large amount of low-carb salad. 10.29
 - Garden Salad** - Crisp lettuce, tomato and fresh vegetables topped with cheddar cheese and red onion rings. Choice of dressing. 3.99
- Moments Soup and Sandwich Combination**
The sandwich is a special grilled beef combining melted Swiss cheese, fresh chopped onion and chopped onion. The combination on the sandwich, served with potato chips.
Together with the sandwich you have a choice of one of the following soups prepared from fresh ingredients in our own kitchen.
Mushroom and Barley - A hearty thick soup that contains beef, barley and mushrooms, plus a variety of spices that enhance the natural flavor of Barley.
Light Green Pesto - This has a deep hearty Swiss that will bring you back again. Lots of green house goodness.
Regional French Onion - This recipe comes out from Paris but from the countryside of France. Onions are slowly sautéed in butter until they are done to perfection - then added to the soup which simmers slowly until the blend of flavors is just right. 10.49

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